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“Each of these Days is Just Like the Others”

Friday, October 30, 2020



Imagine me singing a parody of an old Sesame Street song.

Why?

I didn't FORGET that I had ZOOM chorale rehearsal last week.

I forgot it was already THURSDAY!

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Sunday

Monday

Tuesday

Wednesday

Thursday ??

Friday ??

Saturday

One constant on my rather blank weekly calendar is to go into the empty office of our local charity every Wednesday and pay the bills. I am the treasurer. Last week there was a Wednesday meeting there, so I went in on Thursday instead.

24 hours later I realized it was Friday. I had missed the previous evening's ZOOM rehearsal. Singing online, at home alone with a virtual chorus is a very different experience.

A lot of our lives are different lately. Adjustments required!

We stopped our in-person rehearsals in mid March even though there were only 18 COVID cases in our entire state at that point. Our director read about a choir on the west coast that had several members sickened and even a few deaths after a rehearsal even though they had tried to take precautions. Better safe than sorry he figured and he was right.

Being in a rural area, it took awhile for reality to reach us, but our numbers have climbed steadily upward every since. It doesn't help that I live in what I call “denial central” where many are observed wearing masks only to enter a facility and removing them afterwards. I've heard it happens in churches too,

Still, it's important to keep up with our own good habits. Healthy eating and exercise of course, but as our director pointed out, continue to exercise our voices too.

He was right. At our first rehearsal he explained that everyone's microphones would be muted except for his. So while all were singing, all I could hear was the director playing and me singing my part. Wow, 6



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months made a big difference. I could hardly recognize my own voice. Terrible breath control too.

Just like it is important to keep up with daily physical (and mental) exercise, the muscles used in singing need regular workouts as well.

There were 30 of us in attendance

This is how we rehearse now. I'm top row, 2nd from the left.



Someone asked why not have us all sing together – turn the mics on.

LOL - Because of the different data rates in our Internet access, the result was hysterical.

However, just like regular physical workouts make our muscles gradually stronger, I notice that my voice is coming back too.

I want to use this enforced time of adjustment to not lose ground.

Maybe I can even improve in some areas.

Yes, we need to take care of ourselves, but there is a Spark Friend who is not only doing that but improving her community at the same time.

Using Covid time for the betterment of her community, she saw a need and took care of it

www.sparkpeople.com/mypage_public_journal_individual.asp?blog_id=6712230

Phebe, the spark friend I met up with in Chile in February isn't on her home turf, but I bet the community in which she has found herself will always remember her.

For those unfamiliar with the Sesame Street Song, here's a short version

www.youtube.com/watch?v=rsRjQDrDnY8

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DIANNEMT

Love this! My hubby has the 4 of us singing for church--we each record our part and then he melds them together--we are in N, NJ and MI so it is so special to be able to do this--and the church appreciates it since only 4 can sing in church at a time.

212 days ago

[v](#)



TOMATOCAFEGAL

Depression got me in the beginning of the pandemic. I had to fight my way out of it. Will not allow it to get me again.

216 days ago

[v](#)



ROCKYCPA



217 days ago

[v](#)

[v](#)

**RUTHIEBEAR**

I blogged about having to keep track of what day it is recently too. I used to sing in my church choir. then it was disbanded as not contemporary enough. I agree, you need to keep your voice muscles working too!

219 days ago

[v](#)**PHATPAT18**

It's hard to keep track of the days.

219 days ago

[v](#)**GETULLY**

Good on Ya. I did not think about how the timing would be different on all the computer systems. When you see the massed choirs or bands that do this you never think about the technical aspects of it; just the final product!

219 days ago

[v](#)**JPPERSELL**

I love that you practice in your chorus on zoom. I totally don't even know how to do it! My husband does though. We have had a couple of at home bible studies and it was really nice seeing people from my church. Good luck with the chorus. I am sure you sing beautifully.

219 days ago

[v](#)**FRABBIT**

Sorry you missed your rehearsal. I think we are all having problems with the days of the week.

Have a great week! It is so great that you can all sing "together"

220 days ago

[v](#)**INCH_BY_INCH**

220 days ago

[v](#)**SUSANYOUNGER**

220 days ago

[v](#)**JSTETSER**

I love it. That is so cute! Thank you for your blog!

Jackie

220 days ago

[v](#)**NOLAHORSEIDER**

Awesome Blog. I continually lose a day here and there. I thought today was Friday. Hmmm.. Where is Saturday?? LOL

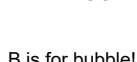
SparkCheers,

Nola

220 days ago

[v](#)**NANHBH**

220 days ago

[v](#)**ACIMPEGGY**

B is for bubble!

220 days ago

[v](#)**NANANANA**

At least you were only off by a day. Back in the olden days of computers, we had to power them on everyday. On my parents anniversary, I started it and entered my mother's birthday as the system date. I don't know how many reports were run before someone came into our office and asked why a report was dated 3 months in the future. Fortunately we could have a good laugh and fix things without a loss of productivity.

220 days ago

[v](#)**ELSCO55**

Sounds like a fun zoom meeting

220 days ago



ALEXSGIRL1



220 days ago

v



AZMOMXTWO

I love sesame street

I also never thought about the lag but I know it does it all the time

220 days ago

v



BUTTERFLYJANS

When I retired I was able to keep track of the days (well Sunday, Monday, and Tuesday that is) because Church was on Sunday, and Monday and Tuesday I volunteered at the library. Since I am not volunteering at the moment I have a hard time figuring out what day it is.

Glad you have found a way to exercise your voice. I need to start doing more singing before I lose that ability. Thanks for the reminder.

Pray for PEACE everyone

220 days ago

v



PENOWOK

I'd love to be the director who hears such joyful noise!

220 days ago

v



JIACOLO

I am glad you are finding ways to do what you love while being safe!

220 days ago

v



JERICO1991

Just watched Sesame Street's 50th anniversary special with Jazz at Lincoln Center on PBS last night. The jazz version of that song was wonderful!

220 days ago

v



SHOAPIE

I'm retired so I don't need to Zoom. But I do FaceTime with family.

220 days ago



v



THOMS1

Every day I wake up and have to check the calendar to see what day it is and if there are any appointments. In WI we have to wear a mask and social distance whenever we go into a building I do this all of the time ever since the pandemic started but I can't believe the people who do not do it. When I walk for exercise I wear a mask and if I see someone coming towards me I put it on. Our poor governor has put an emeregence mandate in order but it seems the other side is just out to get him and takes him to court everytime. The poor man just can't win. It is totally disheartening when

there is so much opposition during this pandemic time.

220 days ago



v



JLAMING263



220 days ago

v



SUSIEMT

When I open my eyes I always decide what day it is. I haven't been wrong to often! LOL



220 days ago

v



ALIHIKES

One of my favorite experiences during the pandemic has been playing my guitar and singing with a friend on FaceTime (we couldn't get it to work on Zoom). I too lose track of the days. It helps that I still subscribe to the daily newspaper. Our coronavirus numbers are surging. But people here mostly wear masks inside stores. But they have stopped wearing them on trails and in parks, even

v

though they are required if people are closer than 6 feet apart.
221 days ago



MTN_KITTEN

v

221 days ago



BONIFIANT

v

I agree that now that we are not going out on specific days for certain events, it is much harder to keep track of the days. For years my week was anchored by going to church on Sunday and it still is to a certain extent as I now go to church online. But it just feels different with no big Sunday dinner with the family after church. Your virtual choir sounds like a great idea.

221 days ago



MCJULIEO

v

Volunteering has really taken a hit with COVID- my life is very different!

Thanks for the insight on different data rates while singing together... I had no idea!

221 days ago



MTRANCHWOMAN

v

Well Said!

221 days ago



RACHNACH

v

KEEP SPARKING!

221 days ago



THINCPL2004

v

Just continue to be safe! 🤞👍❤️

221 days ago



BJAEGER307

v

HUGS

221 days ago



CD18090386

v

Yes this pandemic sure has upended our sense of time. I gotta let our chorus director know how you are still rehearsing. I find my upper range in a huge need of redeveloping! Keep those notes coming.

221 days ago



SHAKERATTLEROLL

v

Well Said! HUGS AWESOME WOO!

221 days ago



GRANDMA524DAR

v

HUGS

221 days ago



BJAEGER307

v

Oh I so agree with you. Days melt into each other, life is so changed. Not socializing, do the usual things we did when what we called a "normal" world. Unrest, a critical election looming, people not complying, and the list goes on.

Makes me wonder if this is the way of the world to be. It seems that the people who do good in this world is shrinking and shrinking. All I know is that I will keep doing whatever is necessary to eradicate this nasty virus.



I pray for all.

221 days ago



CARD512002

v

Well said...I live in a state where the numbers are getting higher. Our governor is great but we have people that will not wear a mask at all. My husband and I went into lowes last Saturday and

saw several people not wearing masks. We turned around to get away from them. I guess people just do not care about others enough to wear a mask for them. I am in my mid 60's and am scared to death when I see them not wearing a mask.

I am not a singer but love hearing others sing.
221 days ago



UPTOIT59

I agree with what I read above here, people follow the mask rules for the most part, but are not following the other rules. We have had to beg off an indoor Halloween party this evening as well as plan to do the same for the Christmas open house we have been invited to attend. I am not seeing my grandkids or my adult children and we are very lonely for our family who has always been our dear friends and social circle but we stay away to keep all safe.
221 days ago



HMBROWN1

It is pretty good here, people follow the mask rules. But I have noticed that some people are becoming less vigilant here about staying in and social distancing also. We are careful to avoid them!
221 days ago



HOLLYM48

I do miss meeting with people in person at work. Zoom just doesn't feel right, taking turns talking is tough but better than nothing. So glad you are keeping up with your vocal exercises and I can only imagine what it must sound like if you all turned on your mics and everyone was in a different place in the song!
Have a great day and keep on enjoying your virtual chorale group!
221 days ago



REVMAN1971

Life has really changed since Covid-19.

THANK
YOU!

for sharing your story.

KEEP
SPARK
ING!

Have a great

day.
221 days ago



HEARTMEND

When the middle school made Wednesday the beginning of the school week for my 7th grader, it made it harder to figure out what day it is...and since every day feels like it is 3 days long, I live in a constant state of trying to remember it all.
Glad you get to have some singing time. I sing on my own or with kids daily--great for me

physically, emotionally, and spiritually!
221 days ago



EMMACORY

Sometimes Friday feels like Saturday. A routine does help!
221 days ago



SMORSEBVR

I had made a mark on the calendar when I woke up to remember what day it was - now I have a schedule so it is easier.
221 days ago



CSEGUIN2

Being here on Sparks has helped me keep track of days. But I still have some days that vanish even weeks LoL. Have a great weekend!
221 days ago



RHOOK20047

I was never so happy until our church reopened in July. We are only allowed 25% capacity, which sadly we don't reach, but I cantor on Saturday evening Mass, and we video it and load it on our youtube then our Facebook ;age so that our elderly (which sadly I fit into that category) who don't feel comfortable coming to church can view it in their homes. Our Archbishop told us this does meet the Sunday obligation of attending Mass. I have cantored for over 30 years, but doing the service of providing it for our friends who don't feel safe to come to church, makes it more rewarding.
221 days ago



PLCHAPPELL

Feeling the same
221 days ago



LIS193

Days of the week seem to run into one another..
221 days ago





221 days ago

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