



154,935



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## Daily Mental Exercise - as important as the physical

Monday, October 19, 2020



I live on a lovely lake with 500 miles of shoreline. It was created in the 1960s when a power dam was built on the Roanoke River. I bought this 1000 piece puzzle as a stay-athome Covid activity, provide mental exercise and also to support a local business.



Little did I know how hard it would be to complete without the help of children and grandchildren with their young, sharp eyes.

I like puzzles and often buy scenes of places we have visited.



We were there with daughter #2 & family in 2012 at the start of the Olympics



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And again in 2014 with daughter #1 (Hayburner1969) & family.

I had a puzzle made of this photo of my favorite granddaughter and me at Stonehenge. (She is our ONLY granddaughter. We have 5 grandsons)



I have several of these "family" puzzles. Here are 3 of the grandchildren in 2011 in Paris.



Although most puzzles are made and then taken apart, I keep the special ones completed. They decorate assorted horizontal surfaces, covered by plastic sheets for protection.

My favorite is a collage puzzle of a trip to Europe in 2019 with both daughters' families. (Barcelona, Nice, Monaco, Rome, Pompeii & Mt Vesuvius)



Puzzles from photos are easily available to order online, but in my case they predate the Internet. My children received a small puzzle as Christmas present from my Dad way back in the 70s. I have that one framed.



It's my DAD! Their Grandpa ("Papa Frank") who they hadn't seen in awhile. He lived in another state. They were so surprised.

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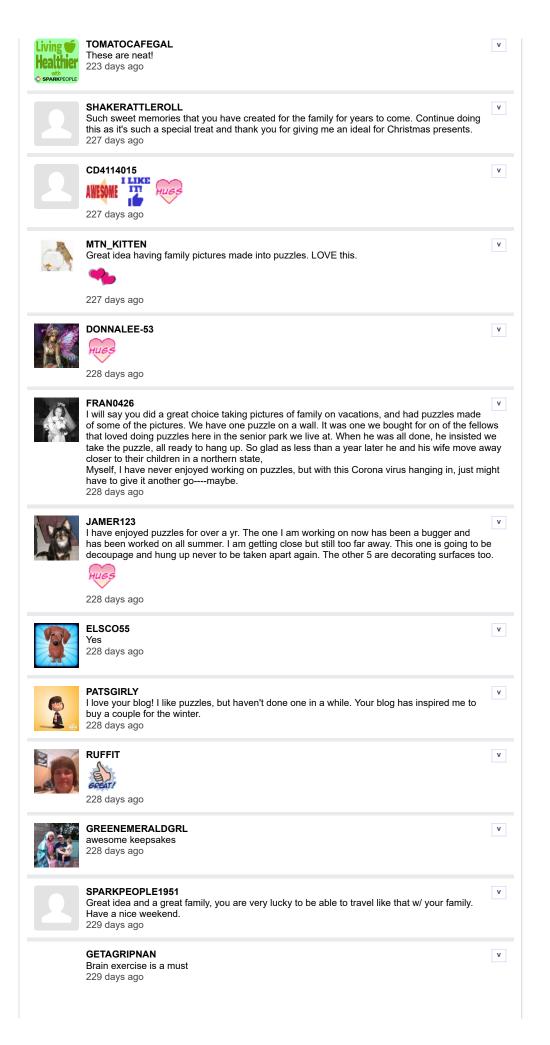
RUNNINGCHIEF Great idea - thanks! 200 days ago

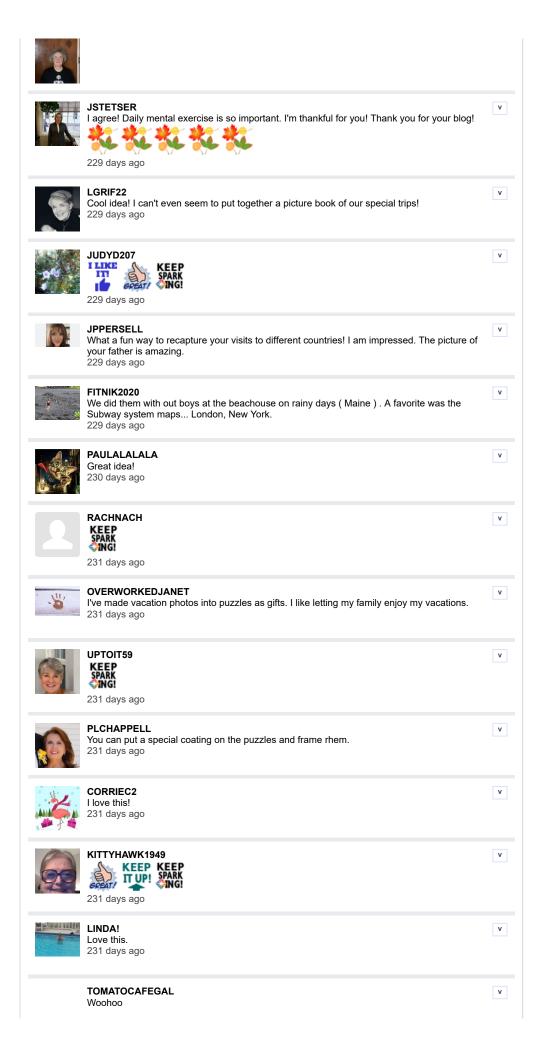




HYPERKITTY Great idea as a gift. 222 days ago









	2BDYNAMIC Wow!! These puzzles with your pictures are really awesome and amazing! I commend you for your patience in putting them together! You certainly know how to make life an adventure! Ar it's a great way to get the family together and have fun! You may remember I also have 1 s and 2 daughters but a grand total of 5 granddaughters!   3 Not a boy in the mix LOL! My son has two girls, nearly grown! I am wondering if you backs is somehow on cork to hang or wall?(After that much work I would never be able to take a part LOL) All I can say is Great job!!	on one one
Mova. Scotla	HARROWJET I like doing puzzles too and did a few at the start of being shut in. I don't work on them in the summer but I found some to do when the weather means staying in.  We tell our grandson he is our favourite too and for the same reason you do. He is our only grandson among the 4 granddaughters.  232 days ago	v
4	QUARTERMASTER3 Well KEEP Said! CHART SAID SAID SAID SAID SAID SAID SAID SAID	V
	SHERYE  Puzzles are a great way to relax, I haven't been able to do one since my kitten arrived 232 days ago	v
STATE OF THE PARTY	RAZZOOZLE I enjoy building puzzles but never seem to find the time. 232 days ago	V
N Company	NANASUEH How fun! 233 days ago	v
	NASFKAB What a gorgeous idea!!!!!!!!! Would make great souvenirs & keep oneself alert by doing it first. Thank you for mentioning it 233 days ago	V
	The family picture puzzles are beautiful!! What a brilliant way to preserve family memories.  Thank you for sharing.	V
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