**BROOKLYN_BORN**[Change Banner Image](#)**154,913**
SparkPoints

Info



Photos



Feed



Blogs



Awards

More



What the “Confused Squirrel” Sees

*Friday, December 18, 2020***Voted Featured Blog Post**
(View All Featured Posts)

Like a squirrel rushing back and forth on a mission “burying or retrieving nuts,” I have a mission too.

Some Sparkers get to hike beautiful trails. Others walk their neighborhoods. Some use a treadmill. One Sparker walks laps around her yard. The current situation has required flexibility.

My world has shrunk as has that of many others, but it is vital to keep active.

As the weather turns colder, wetter, icier, I prefer to stay in my house doing what my DH has called the “Route of the Confused Squirrel”

I strive for a minimum of 4 miles per day excluding whatever steps my daily activities provide.

So channeling my inner squirrel, I begin in at one end of the house looking out on the lake
It looks pretty but I can still see ice in the shady areas from an earlier freezing rain



Off I go. My goal: My first mile of the day

Straight ahead through our “antique nook”

Past the spinet piano I bought with my own money earned by picking berries over many, many summers in NE PA.

[Add a Blog Entry](#)[See Today's Featured Member Blog Posts](#)

More Blogs by BROOKLYN_BORN

[Now I can add one more event to my "Anniversary Dates" to forget - 6/7/2021](#)[Avoiding Our Wedding Anniversary - 6/4/2021](#)[Multitasking for Safety – Plus Remembrance and Reflection - 6/1/2021](#)[Taps Across America – The National Moment of Remembrance - Monday 5/31/21 3PM - 5/30/2021](#)[View All >](#)



Past Grandma's radio bought with some of the insurance money when her 2nd husband died in 1935. Mom remembered listening to Roosevelt's "Fireside Chats"



Past the treadle sewing machine on which grandma taught me to sew.



Circle into the kitchen with Joe's collection of magnets from our travels (more on the basement fridge - at least they're small)



One requirement of souvenirs (besides the magnets) is that they fit easily in a suitcase and have some practical use.

Potholders, trivets, hot plates, cheese boards, coasters and mugs. Grab whatever you need



Through the dining area and around the table.

The table is ready for eight. Hope the chairs will be filled again in 2021



The placemats are all from places we have visited. We have about 50 of them and they are reversible. Choose your favorite corner of the world in which to have your coffee.

Through the family room past the portraits of our 6 grandchildren in 2004 and 2016 when they recreated the earlier photo complete with Carrie holding her little "Hokie Bird"



They won't be visiting us for Christmas, but I hope as soon as it can be safely arranged, they will be back around that table. They take precautions but work with many who don't. They don't want Grandma & Grandpa to become statistics.

On my way back to my starting point my route reminds me of a task yet to complete



These photos from the past 90 years were sent to me by the daughter of my cousin who died in April. I must scan them and put them in an album.

Oh look who has emerged from his basement office!

Joe is standing by the old chair once used to rock ME and afterwards our children and grandchildren. Now it holds a few of my old dolls and the teddy bear crocheted for our son by Joe's mother.



Wait a minute! I just saw that sweater in an old picture. Sure enough, there is Joe in the same sweater in 1966. I'm not the only one who keeps clothes a long time.



Walking that route repeatedly and one mile is done before I know it.
Mile 2 will be just before lunch.
I think I'll have a nice lunch in NICE



Have a good day everyone. Keep moving as much and wherever you can.

Note:
I can walk outside my house in a quarter mile loop.
Further than that and our narrow, curvy country road can be dangerous especially in winter.


Thank you Sparkers for posting photos of what your world looks like, especially the mountain terrains that I will never see in person.

[Edit Blog Entry](#) | [Delete Blog Entry](#)

Share This Post With Others

[Report Inappropriate Blog](#)


Member Comments About This Blog Post


- 


MANGO1960

Thank you for sharing your journey!

167 days ago









BJAEGER307

168 days ago







JULIJULINN

V

168 days ago



NEBRASKANNIE

V

Those memories are more important than ever, especially now. Thank you for sharing them with us. I have my grandmothers quilt in my car that she made on her treadle machine. Our house is like a history museum. I'm in a wheelchair now, and looking and remembering has become even more important since my world has shrunk!

168 days ago



JAMER123

V

What an awesome story for your daily walks. I live in town but at the bottom of a hill 3 different ways. The 4th way takes me to the ball park. I did walk a lot in the house and have to get back to it now that our remodel is done. Our kids and grands are coming here on Sat. for Christmas. Thank you for the memories and lovely pictures.

168 days ago



JUNETTA2002

V

Love your tour I walk that route also

168 days ago



SHAWFAN

V

Lovely photos! My mother had a treadle sewing machine sometime when I was a child. I've no idea what she ever did with it. It wasn't one that I learned on though. Maybe it was broken. Hard to say. I doubt she would remember it now. You and Joe have accumulated a lot of memories, to be sure. Lovely to be able to walk through them all and remember where you were when looking at each one. You have a lovely home. Thank you for sharing with us on a day you couldn't get



outside to walk.

168 days ago



JSTETSER

V

Awesome! I also learned how to sew on the treadle

168 days ago



DEE797

V

Love your blog and the walk thru memories you take. Never thought to get placemats as souvenirs, thanks for the idea.

169 days ago



PATRICIA-CR

V

Thank you for the amazing walk down memory lane at your home

169 days ago



8HABIT

V

Your blog brighten my day!

169 days ago



PHATPAT18

V

You make walking around the house interesting.

169 days ago



GRAMPIAN

V

What a clever idea. Merry Christmas

169 days ago



THINCPL2004

V

Thanks for the trip down memory lane I enjoyed the walk!

169 days ago



NANHBH

V

What a cool tour through your beautiful home! Lovely memories. Thanks for sharing them.



169 days ago



NANNYC5

You are walking down memory lane. Keep up the good work.
169 days ago



RACHNACH

**KEEP
SPARK
ING!**

169 days ago



MARKSMOM3

**Well
Done!** **GREAT
JOB!**

169 days ago



BONIFIANT

Such a great tour. Thanks. I enjoyed it.
169 days ago



NANANANA

Cute. Either your house is a bit larger than ours or your route is more creative. I usually start where I am thru the horseshoe kitchen, around the dining table, between sofa and storage table, up the stairs, in and out of computer room, around our bedroom, down the stairs, thru the hall and a loop through the family room. Currently, my route includes an obstacle course with boxes of Christmas gifts and a wrapping 'station' table plus the laundry baskets.

We have magnets from many of our travels plus mugs, animals and a few other things. I like the idea of hanging the potholders some place visible. I have some beauties stashed away.
169 days ago



SUSIEMT

I enjoyed your walking tour! I loved the fact that Joe had the same sweater on in the earlier

picture!
169 days ago



CD24069739

Love your walking trail and the stories.
170 days ago



AZMOMXTWO

I loved your walk I get my walks in at my lunch break 2 miles and my breaks 1 mile each and then 1 mile at my home usually out side I love to walk and so did the dogs but when the kids moved out so did the dogs and because I work I do not feel it is fair to keep one in the house or on a chain alone all day while i work

have a wonderful day
170 days ago



THOMS1

I like your walking path. Mine often is walking in place when the weather is to cold or snowy, icy. I often get up in the morning and say my rosary walking in place, then get teeth brushed walking in place again. After a day of walking in place I am often exhausted. But, we do what we have to do. You husband doesn't look like he has gained an ounce since 1966 and he is still

wearing the sweater.
170 days ago



WALKINTOFIT

i love the walk with u! one of my walks is around the hospital. takes 29 minutes, lots of trees to see... one walk is around the parameter of the store, sometimes inside of it and others outside. all depending on the weather...

170 days ago



ANNIEONLI

I'm a lover of antiques and stories attached to them! I so enjoyed this visit into your world!
170 days ago



INCH_BY_INCH

**AWESOME
HUGS**

170 days ago





1CRAZYDOG

OH my goodness! That's what I collect on travels . . . magnets and place mats! Learned that from my parents. Dad collected beer coasters (LOL -- he started that when he was on a month-long business trip to Germany in 1968. Fun!) All of them bring such good memories!

LOVE that your DH has the same sweater on that he had in the 60's! Awesome.
170 days ago



WARRIORSUE518

what a wonderful blog!!
170 days ago



RUTHIEBEAR

I LOVE THIS BLOG. I love seeing your route in the house. You are inspiring me, since I

cannto do my yard laps due to all of the snow, to get some house laps in.
170 days ago



DONNALEE-53



170 days ago



JUSTJ2014

Now that is one incredible mile.
170 days ago



MSLZZY



170 days ago



UPTOIT59

Thank you for sharing your walks. You sure have been to many places - that is awesome. I have only been to a few but we had other plans. Enjoy your day and look out for icy patches.



170 days ago



GODSBEST

Loved the tour of your walk - Lord of history and memories. Monday to be bored in a walk like that.

170 days ago



KITTYHAWK1949



170 days ago



RHOOK20047

What sweet memories your house holds for you. I started doing that in my house which is much smaller but contains memories from both sides of our families. Thanks for sharing some of your history with us.

170 days ago



CHERYLHURT

Beautiful!

170 days ago



KATTHOMAS2

Thank you so much for letting me join you on your walk. I enjoyed every minute of it, especially looking at your antiques and learning the stories behind them. I have a lot of family antiques too. And as a grandma, I loved seeing your grandchildren. Enjoy your indoor walks...I am putting on layers and heading out to walk along the river today. Hugs, Kat

170 days ago



PLCHAPPELL

Enjoyed the walk
170 days ago





LIS193

So many beautiful memories and items in your house, thank you for taking us along your squirrel circuit.



170 days ago

v



PATRICIAANN46



for the memory of using your Grandma's sewing machine. My Grandmother also taught me how to sew on her treadle. She was only 5' tall and was under 100#, but she handled that machine and turned out coats and work pants for my Grandpa that were made of heavy denim. That was one tough machine and one strong little Grandma.

My DH has a very similar sweater that he has worn since 1968. I have mentioned replacing it and he says that he would not think of getting rid of it. He says it's like an old friend.



Great Blog and on your great job of maintaining your weight.

Merry Christmas.



170 days ago

v



SHAKERATTLEROLL

Thank you for again allowing me as others into the privacy of your beautiful home. I like the antique room and oh the rocking chair that you were rocked in so nice that it hold the dolls. Continue on your good healthy walks and journey. Have a lovely Saturday.

170 days ago

v



MARYJEANSL

I'm afraid I would get very bored trying to walk a mile through my house. It would probably take five hundred circuits around my small downstairs to make a mile. :(You have amazing discipline!

P.S. I *love* your sewing machine - I have an old Singer, but not that old (and mine is electric).
170 days ago

v



1ZIPPYC

What an inspiring blog! You have iron will power! You have an interesting, scenic route in your



walks indoors! Nice view from your house too!

170 days ago

v



ALIHIKES

Thanks for sharing your indoor exercise routine. I LOVE all the family history in the various items (including your DH's sweater!) I also try to get my exercise indoors when I can't go outside. But I alternate between walking around the house, exercise bike, dancing, and strength training and yoga. I do a minimum of a half hour of movement; and I usually manage an hour if I mix it up. (Surprisingly, I meet my step goal on the entire house clean-up days!)

170 days ago

v



HARROWJET

I have tried to reach my step count by walking through the house. It takes a long time. I like your version.

170 days ago

v



QUARTERMASTER3



170 days ago

v



LINDA!

I thoroughly enjoyed this blog. What a great route that you have to walk daily.
170 days ago

v

Add Your Comment to the Blog Post

Leave encouragement, a question, or anything else relevant to this post. All blog comments must abide by SparkPeople's [Community Guidelines](#).

☐ Subscribe to this blog

ADD AN EMOTICON

SPELL CHECK

Post Comment

Member Comments Page (92 total):

1 [2](#) [Next >](#)

Disclaimer: Weight loss results will vary from person to person. No individual result should be seen as a typical result of following the SparkPeople program.