

# BROOKLYN\_BORN

[Change Banner Image](#)**154,947**  
SparkPoints[Info](#)[Photos](#)[Feed](#)[Blogs](#)[Awards](#)[More](#) 

## Joe's "Antique" Food - Do not eat!

Friday, January 23, 2015

The title of this blog is what's written on the paper in the top right portion of this photo.



In my status today I said that I would be organizing my food pantry and I did. I could only photograph 3 shelves since my back was already against the wall of the hallway, but you get the idea.

The top shelf isn't visible except for the note I keep there as a warning to unsuspecting visitors.  
Joe's Antique Food – Do Not Eat!

You see DH is quite a pack rat and quite thrifty. Unfortunately, this extends to food past its expiration date. Sometimes it's YEARS past the expiration date. I'm frugal too, but I won't eat fruit cocktail that expired in 2010 or Swiss Miss Cocoa that was not to be sold after 2008. I'm NOT making this up.

He comes by this attitude naturally. He tells me that in the field during the Vietnam War they ate 'C' Rations, renamed MRE's (meals ready to eat) that were left over from WWII and Korea. I don't know if that's really true, but he says it is.

Then there's this stuff.

[Add a Blog Entry](#)[See Today's Featured Member Blog Posts](#)

### More Blogs by BROOKLYN\_BORN

[Now I can add one more event to my "Anniversary Dates" to forget - 6/7/2021](#)[Avoiding Our Wedding Anniversary - 6/4/2021](#)[Multitasking for Safety – Plus Remembrance and Reflection - 6/1/2021](#)[Taps Across America – The National Moment of Remembrance - Monday 5/31/21 3PM - 5/30/2021](#)[View All >](#)



There's no expiration date on these bottles, but I don't remember even buying this stuff although someone has partially used the bottle on left. I drink wine but don't cook with it. Liquid smoke? I don't even know what that is.

I would throw it all out, but DH would see it in the garbage.

I'll show it to him and he will probably just add it to his "antiques."

Oh well, adjustment and compromise is how we've stayed married for almost 48 years.

[Edit Blog Entry](#) | [Delete Blog Entry](#)

Share This Post With Others

[Report Inappropriate Blog](#)

## Member Comments About This Blog Post



**KANSASROSE67**

My dad was in the army in the early '60s and sometime in the '80s he got out his kit and opened some of the MRE rations. Still edible, believe it or not!  
2327 days ago



**SLENDERELLA61**

Your husband and mine must be related. He thinks the expiry date is the first time it is good enough to eat.  
2328 days ago



**WUMPASTAR**

Ration packs given to soldiers both in WWII and Vietnam War were packed to be safe for a very long time. My dad had a ton of those and just last Summer I ate a couple of them and they were perfectly safe. I don't think that applies to food you keep in the pantry, at least not most of it. I'm like you and I don't keep anything that's way past the expiration date. I eat everything too quickly and efficiently for that to happen anyway, LOL! (Good sides of living alone! XD)  
2328 days ago



**MARYJEANSL**

Congrats on 48 years! Just as an aside, I tend to be somewhat like your husband. And I can tell you, as a matter of interest, muffin mix that expired years earlier will NOT make successful muffins. (For some random reason, probably a sale, I had bought about ten boxes of muffin mix, that then sat untouched for too many years. They have been thrown out now!)

Cooking wine and vinegar probably wouldn't expire, though. The alcohol and vinegar should keep them safe.  
2329 days ago



**1STBUCKETITEM**

LOL  
I couldn't stop laughing since my roommate has the same quirkiness as your husband. He figures if he "nukes" it, it will kill anything. He even eats some rather "hairy" stuff he finds on "his" side of the refrigerator that I wouldn't touch with a pole! Yuk! He says it helps his resistance to



salmonella....  
2329 days ago



**MISCHAKEO**

That is something to smile at. We need to adjust to these spouses. Antique food is a great term! I feel better when my pantry is organized. I do throw out food that is expired, but my husband does not care.



Your husband gave his country a great service. You are wise to let him enjoy his antique foods.  
2329 days ago



**HAYBURNER1969**

Maybe I bought the liquid smoke. I have one recipe in the crock-pot that I use it for. My awesome BBQ beef. Of course, I probably bought it years ago. So if it was mine, I say you can throw it out!



2329 days ago



**PHEBESS**

Actually, vinegar can go bad.



That's the kind of stuff I cleared out of my dad's kitchen. Pudding mix about 5 years past the expiration date. Two bites of frozen something that was saved about 7 years ago.

Trash trash trash. That's why someone invented garbage disposals! (Wash and recycle containers.)

2330 days ago



**ONEKIDSMOM**

Kudos on finding your quiriness adjustments! It takes two to make it through 48 years, and my hat's off to you two. Spark on!



2330 days ago



**DOVESEYES**



It looks 'ship shape' great work



2330 days ago




**CD4114015**

I think we ALL know people like this! My SON for one...he is SO "thrifty" that it's a sin!



Thanks for posting it make me laugh! But  on almost 48 years of marriage! That is

awesome! 

2330 days ago



**SYLPHINPROGRESS**

What do you suggest for the package of dried soybeans I've had in the fridge for about 25 years? Are you proud of me for having thrown out the package of Arborio rice that had taken up residence about 30 years back? Then there was that squeeze-from-the-bottom tube of anchovy paste, never opened, which got its swimming orders after 15 years or so. Dare I tell you about the unopened, cellophane packages of brown sugar? And what about the... and the....



A friend and I used to laugh and call our old foods "vintage."

P.S. Vinegar keeps forever. Honey, too, it is said, but I'm pleased enough that I've never gotten any as a gift from anthropologists who uncovered ancient Roman amphorae.

2330 days ago



**TERI-RIFIC**

Believe it or not, my husband is the same!! I absolutely know you're not making it up. There are things he will eat that no one else in the house will touch. I like your "shelfie".



2330 days ago



**KRISZTA11**

That must be annoying and very funny at the same time ; ) it is good you chose the funny side!



2330 days ago



**PHOENIX1949**



2330 days ago





**LINDAKAY228**

Maybe they were safe eating those old meals during that war but doesn't mean he has to keep it up! Great job on cleaning it up!  
2330 days ago



**JOYNEW**

Um, I just throw out food that is expired, regardless of who bought it. My hubby has never complained about this, if he even noticed. Why keep food around that could potentially make someone sick if they eat it?  
2330 days ago



**DR1939**



2330 days ago



**SUBMOM2**

Well, I guess there are worse things he could do. Compromise is a smart solution on this one!  
2330 days ago



**GINIEMIE**



Can you ask him to reduce and downsize a bit. Have him pick out what he can part with? We were married 35 years, for Steve it wasn't food it was old magazines, electronics and clothing. I gradually got rid of some things that he never wore. But the magazines he packed in a cubby down in the basement, then swore I threw them out. I never messed with his electronics. The children found and disposed of them after he died when we were trying to find the floor and

walls in the basement.



2330 days ago



**MSGINAB**

This is hilarious! In fact, my husband is exactly the same way. I just stood my ground and pitched some of the old and outdated food. I understand completely where you are coming from!



2330 days ago



**SMALL\_WORLD**

Lo!! The worst I've had was a can of pumpkin puree that sat for 3 years past expiration- when we moved we packed it and brought it along and it wasn't until this past Thanksgiving when I was thinking "hmmm pie" that I actually checked the date! Whoops.

Liquid smoke: commercially used in processing hotdogs and jerky.... I use it when making vegan hot wings, chili (or burgers I don't want to actually grill) that need that deeper 'smokey' flavor.

It sounds pretty weird, but it can be useful!  
2330 days ago



**OSDOWNS**



2330 days ago

## Add Your Comment to the Blog Post

Leave encouragement, a question, or anything else relevant to this post. All blog comments must abide by SparkPeople's [Community Guidelines](#).

Subscribe to this blog

ADD AN EMOTICON

SPELL CHECK

## Post Comment

Disclaimer: Weight loss results will vary from person to person. No individual result should be seen as a typical result of following the SparkPeople program.