

## WATERMELLEN

I often think that the "mother" gene is the anxious gene -- I became more anxious after having children! But it's terrific to have the adventurous and courageous gene too: when my daughter was a year old and our house was pretty much destroyed in a tornado, I had not one second's hesitation risking my life running to her room and getting her out of her crib -- huge pieces of window glass flashed in and embedded themselves in the wall, but I had taken her to safety.

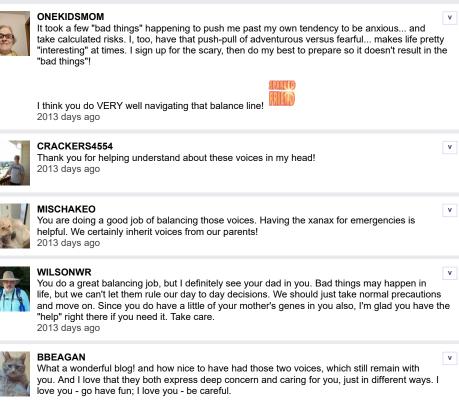
Don't always hit the right balance in every situation, of course not. But: never wish I'd worried more, after the fact! 2013 days ago



## DEB9021 Great blog

Great blog! You were lucky to have two voices. I, too, had mom and dad with differing approaches to a lot of things. I see a difference today in so many single parent households. It would be hard to find that balance with just one voice. I know that I would not be as good a parent if I didn't have my husband to help reasses some of my first instincts regarding our kids. They are big enough now to make many of their own decisions, and it is comforting to know that all those old conversations still play In their heads. I know my parents and even grandparents voices are still in my head!

Thanks for the thoughtful blog. 2013 days ago



My parents were neither overly anxious, nor adventurous. And coming from a very small place, non-adventure was simply assumed... Why would you consider leaving here? What else could there be to see/do that is so important as to warrant leaving home? So I tend toward nesting, making my home space a happy, comfortable, coay one. Then my father died suddenly at age 63... So the voice in my head that replicates to those ingrained messages of inertia now is countered by my own message of "Life can be unpredictably short - live as fully as you can now!" 2013 days ago



## SWEDE\_SU

when i was younger, i used to suffer from nausea - but if i carried around a little container of pills, no nausea. i carried that container for years... funny how that works. and in our family, mom's side historically says of course you can - you can do anything! while dad's side says - are you sure you can? it's very hard... when the kids come with their fears and concerns, i remind them of mom's side - of course they can!



## NELLJONES

I think everyone wavers between a desire for peace and a desire for adventure. As I have aged, I desire more peace than adventure. 2013 days ago

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	<b>HOLLYM48</b> This is such an interesting blog as I read it and thought about your mom's voice and then your dad's voice. I think we have both of those voices inside of all of our heads. When asked if I would go to Paris again after the attacks a few weeks ago, I said of course I will. I can't just sit around being afraid. But in the back of my mind, I am more worried about attacks here in the US in big crowded events. And it is a question of whether you put yourself in the middle of those kinds of events. I will, but it is definitely more scary. Probably even more so thinking of my daughters in those kind of events. But I guess, in the end, I have to have faith that there is a time and a place for everything and a higher power knows when it is my time to leave this earth. I think you are right to keep on putting yourself out there in all types of situations and when you need the xanax, it is there. Thanks for this thought provoking blog. Happy Sunday! 2013 days ago
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