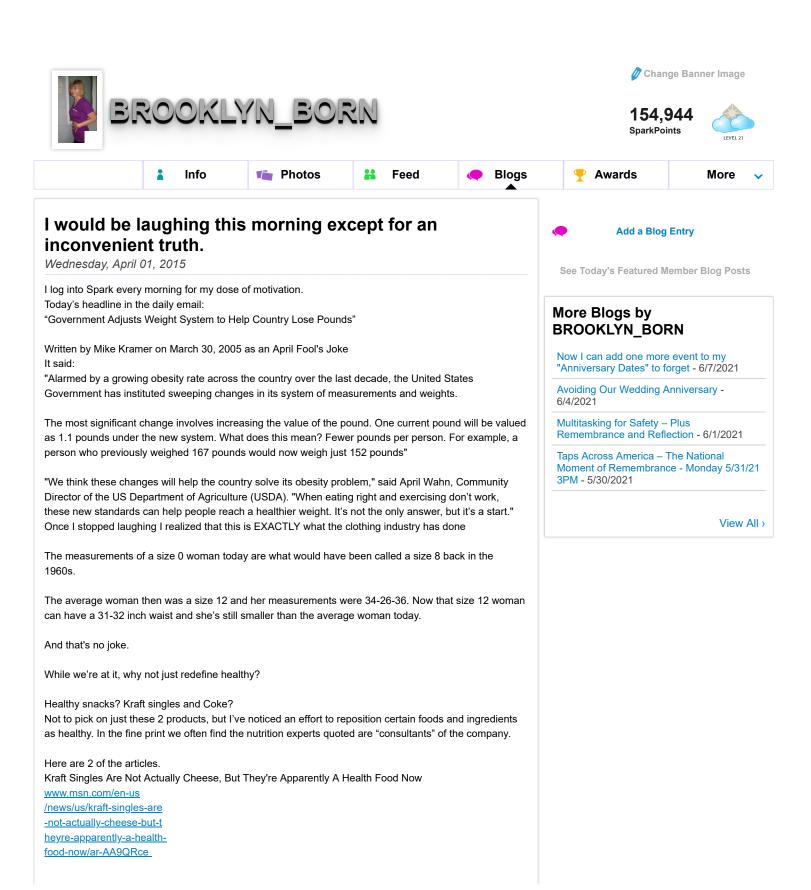
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I haven't bought individual cheese slices in decades, but doesn't Kraft sell actual American CHEESE in addition to their singles? Or perhaps that's just a distant, outdated memory.

Coke a healthy snack? How company gets its message out

www.msn.com/en-us /money/companies/coke-a-he althy-snack-how-company-ge ts-its-message-out/ar-AA9P xn3?ocid=mailsignout

The article does specify "moderation" with a mini can. I don't think I've ever seen a mini can for sale.

Then there's the effort of the current Congress to pass a bill which forbids states to pass their own food labeling laws, specifically directed to GMO content.

I understand that what I put into my mouth is my own responsibility, but why do those with the power and resources have to make it harder for me.

If you've read this far, thank you for your patience. My last blog will explain my dark mood.

The antibiotics of modern science are curing my MIL's infection but not even 2 health care workers, one on each side, can get her to her feet.

## Edit Blog Entry | Delete Blog Entry

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Member Comments About This Blog Post CD13376265 v I saw mini-coke bottle in the grocery store today and thought it looked odd. I hadn't seen such a small bottle since I was a kid, and that was long, long ago. 2258 days ago MILLEDGE2 v Stay strong in dealing with MIL! 2260 days ago GIVEUP30 ٧ you are so right when someone tells me they wear a size I look and think no way I wear .....I still have 30 or so year old clothes. 2260 days ago GINIEMIE v Missed a lot this week with the visiting nieces-they went home yesterday and I've been doing laundry-bedding-towels. I find that the changes have not helped us at all and joke or not, cheese products, Coca cola, kraft Mac and cheese and a gazillion other foods that people claim to be healthy are NOT. Changing the dress size is not really fooling people who know their measurements. 2260 days ago CD14815535 v I could get ranty on this and often do, if you ask my husband, lol. Great blog, and sorry to hear about your MIL. I worked civilian side before going into the military and even at that young age, the obese and/or heavily overweight were very difficult to adequately care and I remember the day we got a new piece of equipment that involved a sling-type of device and an arm that would move the patient from bed to chair or bed to bath. Designed by a nurse, it was the best thing we had at the time. 2261 days ago TRAVELGRRL v

It's pretty frightening. The last line of your blog is sobering. Modern living giveth but it also

Report Inappropriate Blog



taketh away. Being an informed consumer is of paramount importance, and even that is an uphil
battle.
2261 days ago



## JEANKNEE

I find the games played with clothing sizes to be frustrating.

The joke in my family is that I did not get the "shopping" gene. Finding clothing that fits has always been an exercise in frustration for me regardless of my weight. So, naturally I find shopping to be not much fun. Having clothing that fits generally means pull out the sewing machine.

I have some old clothes in the closet that I believe may be size 10s. My guess is they might be tight even though some of the recent clothing in my closest bear labels with size 4. Outrageous!

Another crazy thing is that one might wear a size 6 in one style and wear a size 8 in another style made by the same manufacturer and just because one pulls out a size 8 and it fits doesn't mean she should scoop up the rest of the size 8s in delight because all size 8s don't necessarily have the same fit. So, quality control appears to be an issue as well.

Yup, I can be counted amongst the frustrated...

2261 days ago



## NUMD97

Sorry to read about your MIL's continuing health travails.

Your blog evoked memories of President Reagan who had found a new definition for ketchup as a "vegetable". The lengths some will go to avoid giving children a healthful lunch. At the time it was a major uproar, but then again they did not give him "The Great Communicator" moniker for nothing.

Sad state of affairs, indeed. 2262 days ago



## SPINNINGJW

What I don't like about women's clothing sizing is that I never know what size to even try. Most recently, I have ranged in sizes from 12 up to 18. At the size 12, I was DOWN to 150 lbs, but my waist measurement was about 34 inches. - that was the size MENS shorts I had purchased.

Oh, and I have seen the "mini" soda cans - they are adorable! I haven't purchased any, but they sure are cute. 2262 days ago

Comment edited on: 4/1/2015 8:41:23 PM



# DOVESEYES

Thinking of your MIL and your family. 2262 days ago



## ALICIA363

Girl, I am so with you on the fury over clothing size inflation! My mom's wedding outfit was a size 16 in 1949.

I wore it (barely) in 1988, and I was wearing a size 10 at the time. I'm currently in size 6, and can't get the darn thing buttoned .... yet



G-d Bless the people who keep our tape measures the same (they are the same, aren't they?!?) 2262 days ago



## WATERMELLEN

I only eat "real" cheese -- and in moderation. But 30 odd years ago, had a housekeeper caring for my young daughter, in her 50s, having raised 5 kids of her own and: she had never had anything OTHER than a cheese slice. When I prepared ooey gooey grilled cheese sandwiches one day it was a revelation to her!!

Hope your MIL recovers with the antibiotics to the point she can be of a bit more assistance with her mobility but . . . yes indeed, this is so sobering. And reminds me NOT to be particularly proud of my size 8s!! 2262 days ago



CD4114015

I am still waiting to see...is this a JOKE or what? I just can't believe this is TRUE. And I HOPE NOT! I agree with ONEKIDSMOM in this case for me all I can do is PRAY! 2262 days ago

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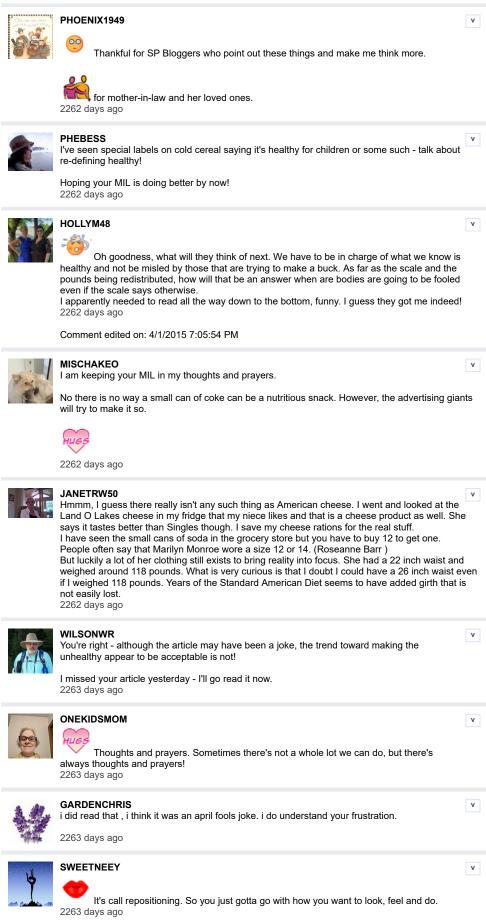
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### MARYJEANSL

You're right. It would be funny if it weren't so.....unfunny. I am so sorry about your MIL. I am determined that that won't happen to me, although I know it will be a challenge. 2262 days ago



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