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## Meeting a Spark Friend at a great race

Info

Saturday, September 27, 2014

Today was my first real life encounter with a Spark Friend. Teri-rific and I ran the 4 mile option of the Virginia 10 Miler in Lynchburg. Nice that you don't have to do the whole 10 miles to get a finisher's medal.



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Then we were joined by our daughters (and Teri's daughter's friend) who all did the 10 miler.



Their medals are REALLY nice!

As we were leaving, my DD (Sparker Hayburner1969)-center in the above photo) pointed out one of the honored guests at the event.

Kathrine Switzer was the woman who entered the male-only Boston Marathon in 1967. I remember when she was dragged off the course of that "male only" event.

My DD told her how her act inspired me, her mother, to enter our town's Labor Day bike race using only MY first initial. It was 1973 and I had the only bike with a baby seat on the back. No one stopped me like happened to Kathrine, but it became clear that not only men were interested in participating. Subsequent races included a women's division.

This is a photo I will always treasure.



I'll write about the actual race tomorrow once official results are posted.

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What a great story!

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