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Sunday, May 04, 2014



This is my favorite kind of race - with family

1st place (60 and up) ME! 1st place (12 & under) - My granddaughter Overall 3rd place female - My daughter, sparker Hayburner1969

All for a great cause too - Autism Awareness

There were some serious hills in this course and I walked up every one for a total of 5 minutes.

So I was really happy with my 31:08 (10:03 pace). I LOVE downhills where gravity is my friend.

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Now I can add one more event to my "Anniversary Dates" to forget - 6/7/2021

Avoiding Our Wedding Anniversary -6/4/2021

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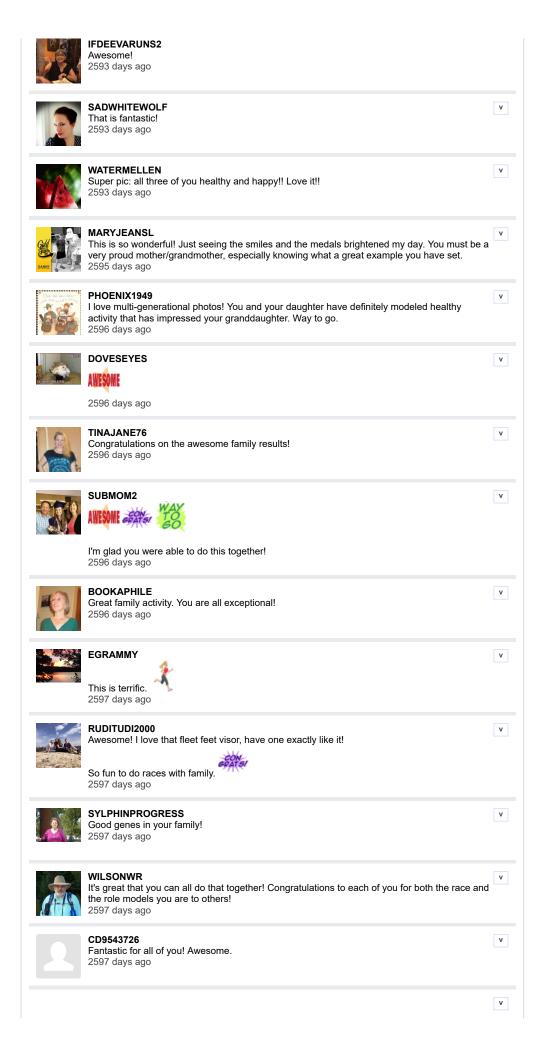


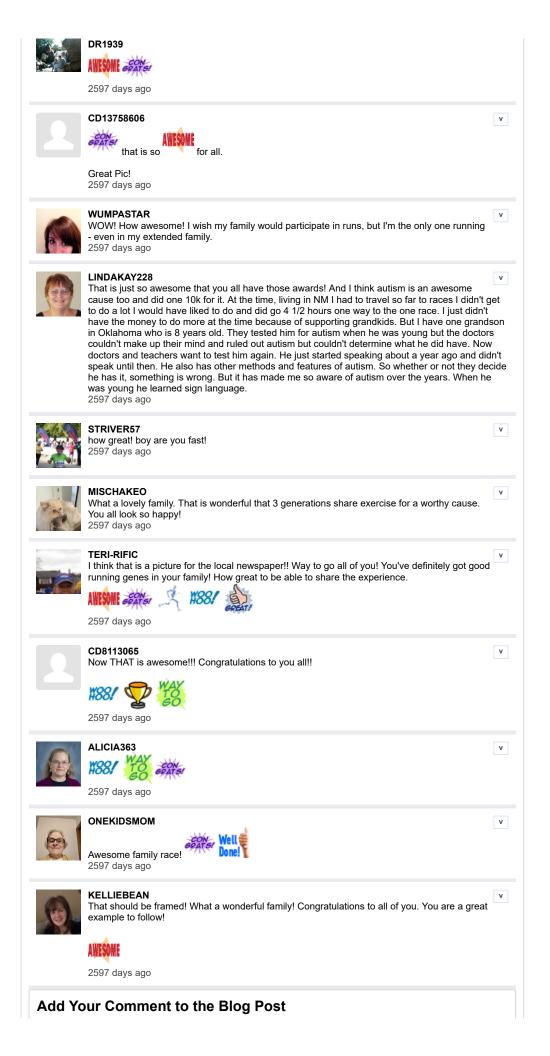
LEWILL1982

Awesome! I think that's the same race that a friend of mine traveled to VA for to run with her family. I think she won the race overall... 2593 days ago



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