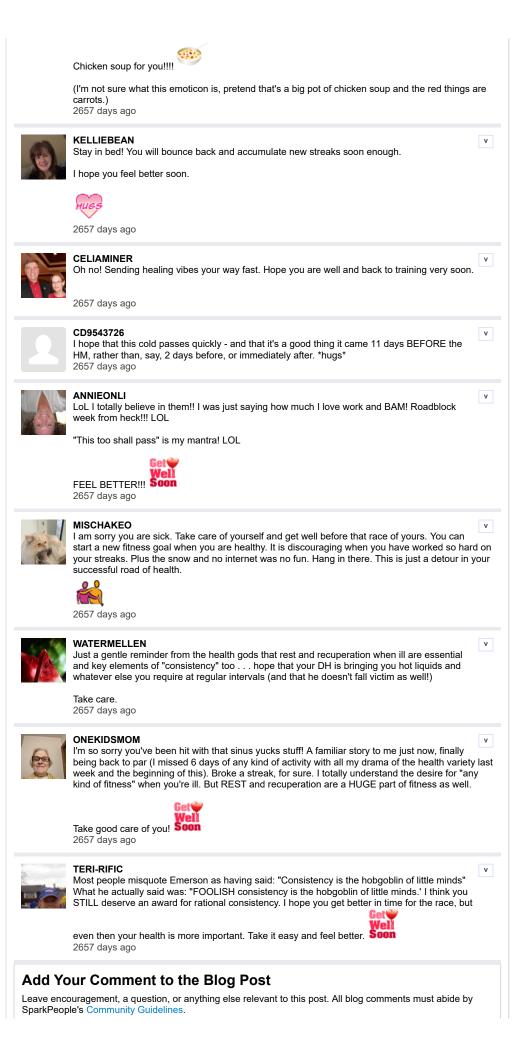


	CD13758606	v
	Soon and think of your rest period as a taper. You will get stronger by race day.	
	2654 days ago	
	MARYJEANSL I'll add you to my prayer list - hoping and praying you start to feel better soon. That is a major bummer! 2656 days ago	v
	MERRYMARY42 hoping normalcy returns to you soon, I know it seems like when it starts piling up, there is no reprieve feel better soon,	v
	2656 days ago	
MiniP Transference table	DOVESEYES You are fit and strong hope you 'bounce' back before the race. 2656 days ago	v
	LINDAKAY228 Hope you start feeling normal soon. And it's early in March so there is still a lot of time to feel happy with what you've done. We all have those down days and right now listening to your body most important. 2657 days ago	v y is
29		v
	Well Soon I hate that you are down right when you are planning a big race. I pray that the problems were brought on by the barometric changes and will pass quickly.	
	a hot cup of tea with honey, might make you feel a tad better as well as the rest you are	
	wisely taking.	
	2657 days ago	
	PHOENIX1949 Section Web Constraints of the section	V
1	GARDENCHRIS Hope you feel better soon! 2657 days ago	v
	TERRIJ7 No jinxjust life. It happens as we set our goals and make our plans. People who don't have a target don't notice when they've been derailed. It's because you have a plan and are working toward something that life's bumps impact you so hard. 2657 days ago	V
	DR1939 Nope, don't believe in jinx's but do believe that physical illnesses such colds or sinus infections have early signs that we don't notice consciously. 2657 days ago	v
	WUMPASTAR Don't get discouraged!!! You did so well so far - don't let sickness bring you down. I'm sure you'll be back on your feet in no time :D 2657 days ago	v
	PHEBESS Ugh, don't you hate when that happens?	v



		/
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