



BROOKLYN_BORN

[Change Banner Image](#)

154,974
SparkPoints



Info



Photos



Feed



Blogs



Awards

More



I think the planet has a virus

Tuesday, March 25, 2014

When I'm "coming down with something" my body's thermostat is all mixed up,. I'm hot. I'm cold. Hot...cold until finally I'm really sick.

After weeks of alternating running outside in winter wear or shorts and T shirt, my body is confused.

Yesterday a shirt & light vest were enough. This morning it's snowing!

This is southern Virginia and it's almost April. Enough already!

Schools are closed. I hope the gym will open later. This is discouraging.

Oh well. At least Spark videos are available, as long as I have Internet access anyway.

[Edit Blog Entry](#) | [Delete Blog Entry](#)

Share This Post With Others

[Report Inappropriate Blog](#)

[Add a Blog Entry](#)

See Today's Featured Member Blog Posts

More Blogs by BROOKLYN_BORN

[Now I can add one more event to my "Anniversary Dates" to forget - 6/7/2021](#)

[Avoiding Our Wedding Anniversary - 6/4/2021](#)

[Multitasking for Safety – Plus Remembrance and Reflection - 6/1/2021](#)

[Taps Across America – The National Moment of Remembrance - Monday 5/31/21 3PM - 5/30/2021](#)

[View All >](#)

Member Comments About This Blog Post



RWETHAIRYET

Ha ha, notice they've stopped calling it "Global Warming" and gone to the more vague "Climate Change"
I like the virus explanation too.
2636 days ago



MERRYMARY42

I love your explanation, may be true also. Here in Southern California, it has been way cool for 2 days, and last week, way warm, no happy medium 70 degree Spring time here either, my tomatoes can not grow this way
2636 days ago



ONEKIDSMOM

What a season it has been!
2636 days ago



MARYJEANSL

Know what you mean, even though our weather is at a higher setting than yours. Crazy weather! Saturday was warm and muggy, and I turned the A/C on. Sunday morning, planning for a cookout, I packed shorts for after work...stepped outside and went back in for my coat. Waaay too cold for a cookout. Crazy weather! And now, I have a cold, which I totally blame on the weather's



messing with my immune system. (That, and my son infecting me with his germs.)
2636 days ago



VONBLACKBIRD

Hopefully spring and summer will be here soon...then we will be wishing for the cooler temps when it gets too hot and humid.
2637 days ago

v



GINIEMIE

Now there's an explanation I can wrap my head around. Virus I understand, "global warming" when I'm freezing I do not.



2637 days ago

v



PHOENIX1949

I think you are on to something. Perhaps Mother Earth's virus is a reaction to all the toxins in her environment and she is confused and your body's confusion is a ripple effect of hers. Hope everything calms down soon for all of us.



Sunshine welcome along with some April showers in our drought-stricken area. Our area lakes are below 40% capacity.
2637 days ago

v



LINDAKAY228

This weather is so confusing! I think you may be right!
2637 days ago

v



WUMPASTAR

Preach. This morning the temp outside was -21°C. It's the worst Winter we've had here in Quebec City since... forever. Still about three feet of snow outside. Kill me.
2637 days ago

v



LEWILL1982

Yeah, we're supposed to be back down to the 30's tomorrow. I don't get it, but, I'm over it!
2637 days ago

v



TERI-RIFIC

The sun has to eventually have its way! Possibly after the blizzard tomorrow!



2637 days ago

v



_LINDA

Coldest winter ever here and continuing today. Did have a brief pseudo spring with melting for a few days. Yep, Earth is sick!!!
2637 days ago

v



CD13758606



2637 days ago

v



DR1939

It is 12 F right now and feels like -2. Tomorrow it will be 50 and then snow on Thursday. Truly crazy weather.
2637 days ago

v



CD13202979

I like your interpretation of the symptoms! LOL! Thanks for the diagnosis. It made me smile.



2637 days ago

v

MISCHAKEO

I think you are right..The planet has a virus. This has been the absolutely craziest weather we have had. It is almost April and we are still have cold 30 degree mornings..and yes warmish days thrown in.

v



Thank goodness for DVDs and the internet. Hang in there. This virus has to pass and spring has got to come.
2637 days ago



SUNSET09

Work it out,
2637 days ago



v



WATERMELLEN

Whether the planet does or not (and my corner of it has been consistently and unseasonably cold and snowy) I sure do!! Trying to fight it off . . . limited success. And I keep thinking if it would just get warm I'd feel better!
2637 days ago

v



SWEETNEEY

This weekend I was without TV - thank you Ms. Internet - I could find entertainment.
2637 days ago

v

Add Your Comment to the Blog Post

Leave encouragement, a question, or anything else relevant to this post. All blog comments must abide by SparkPeople's [Community Guidelines](#).

☐ Subscribe to this blog

ADD AN EMOTICON

SPELL CHECK

Post Comment

Disclaimer: Weight loss results will vary from person to person. No individual result should be seen as a typical result of following the SparkPeople program.