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# Are the SP powers trying to read my mind or maybe just mad at me?

Friday, January 17, 2014

Yesterday I did blog a complaint about one particular pop-up ad. Today I logged in to discover that I already had earned one point in my nutrition tracker. HUH? I haven't eaten or recorded anything yet.

I've heard that some people eat while asleep. I guarantee that I've never sparked while asleep.

Let's see what SP thinks I've consumed.

There's one item listed for today's dinner.

Green Giant Healthy Weight (2/3 cup prepared) 1 serving ... 90 calories

It's not in my favorites. I've never searched for it. I don't even know what it is.

Now I see that there's a big Green Giant ad to the right of my tracker and it's thanking me for adding Green Giant to my plan. No! I didn't!

My mother used to tell me to eat my vegetables. Is this the digital equivalent? Can an advertisement also add an item to my tracker now?

Is this the spark equivalent of identity theft? Tracker theft? Is this somehow MY fault?

Does anyone have an explanation?

The ad has a "click to learn more" button. I'm afraid to do that. They might ship me a month's supply complete with invoice.

I do have an ad blocker on my computer which is about 1 year old. Only on SP are these particularly annoying things happening. I don't mind the ads that are not intrusive. I understand they are necessary, but this is crazy.

### Edit:

At Giniemie's suggestion I emailed tech support and they responded quickly that they had "removed the item from my tracker." I replied - Thank you, but my question was WHY did it happen and how do I keep it from happening again. Otherwise we will all have to check our trackers very carefully to be sure nothing has been added automatically.

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# **Member Comments About This Blog Post**



DS9KIE

yikes 2700 days ago



#### **FLAGLINDA**

Well I could have been worse, It could have been an ad for Dairy Queen and added a Blizzard



or a sundae!! 2703 days ago



STAY39

Very strange. 2703 days ago



### JUST\_TRI\_IT

Do you have firefox? its blocking of late is pretty darn good. 2703 days ago



#### **DOVESEYES**

I think we get a point for going to the start page.

Pop up ads and those video ones that slow up the system are so annoying but hey it's FREE (the site) they have to get money somehow so we can use this great site.

2703 days ago



#### **BOOKAPHILE**

Lol. It could make us all paranoid. 2703 days ago



### **TRAVELGRRL**

I don't like it either. I also hate the ads the "travel" in front of the area I'm trying to read! 2703 days ago



#### **STRIVERONE**

OK, Above the Green Giant food icons is the text "Click below to add a Green Giant blend to your meal plan." If you accidentally click one of the icons while changing from breakfast to lunch etc. in a drop-down menu, voila! You have a new favorite and probably some extra nutrition. It is very easy to make this happen and my guess is that it is intentional. 2704 days ago



## ROSEWAND

It happened to me as well. And it has happened before in previous promotions for Green Giant..

It is a little creepy. I was able to remove it easily. Yet it does seems invasive. 2704 days ago

Comment edited on: 1/17/2014 1:29:11 PM



### JEWELS571

While I understand the annoyance I could not help but to laugh out loud while reading this. You are a very talented blogger for sure! 2704 days ago

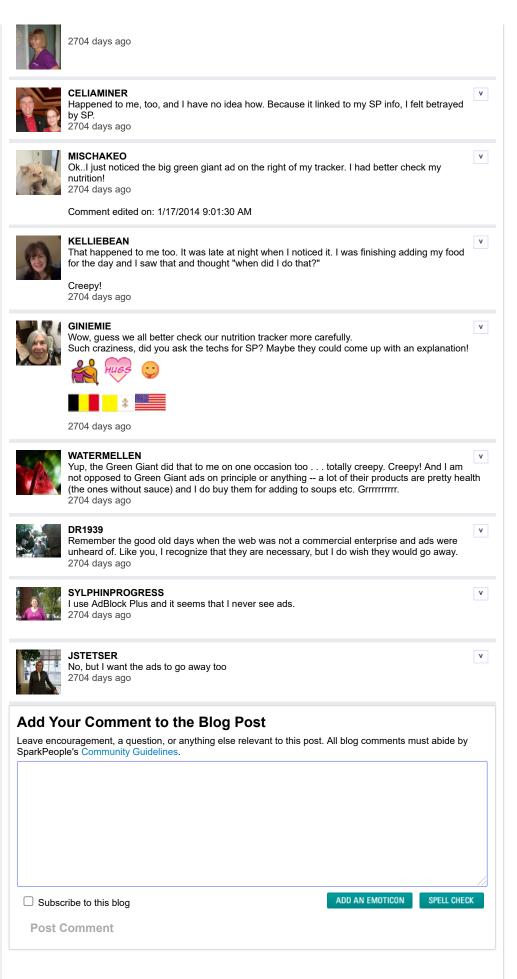


#### CD13099273

Yes , this happened to me also - prompting me to cut back on Spark a little - there are some system issues with this new page update - have you contacted tech support. 2704 days ago

# BROOKLYN\_BORN

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Disclaimer: Weight loss results will vary from person to person. No individual result should be seen as a typical result of following the SparkPeople program.