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Where would Venus de Milo shop?

Wednesday, May 15, 2013

On my blog yesterday I asked "Is that a curve or a muffin top?"

I love Sparkers, especially reading blogs and comments.

AugustDragon's comment got me thinking about measurements of women in centuries past, specifically Renaissance times.

Great technology's ghost! There are actually websites about this!

For example: (Caution: This is classical art – think nudity)

While the women in these paintings would never be found on the cover of Shape Magazine, neither would they be in a Lane Bryant advertisement. Although some SP toning videos would be beneficial, in our increasingly super-sized society, these gals wouldn't even stand out.

www.femininebeauty.info/medieval-body-size-preferences

However, you can't get measurements from a painting, so I went back further in history to the Venus de Milo sculpture.

She measures 34 - 31.5 - 40.2. Yes, that information is online too! That would make her a size 4-6 in tops and 10-12 in pants (depending on the manufacturer).

She's also 5'4" tall. (no weight of course – she's marble after all).

What is noticeable is the pervasive "pear shape" of all the artists' visions of women. It took 20th century creativity to invent implants.

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WATERMELLEN

As a former art history teacher -- this made me giggle. For every Rubens, of course, there's a stick like Giacometti . . . the New Kingdom Egyptian ladies were very elegantly slender. Fashions in bodies change, no question about it!

Thanks too for your kind comment on my four year blog, and congrats to you for being here pretty much the same time. I'm so glad you found your voice, and that I've got to know you here!
2951 days ago





DOVESEYES

Thanks for sharing that research amazing
2951 days ago



SLENDERELLA61

You make several great points in your blogs yesterday and today. I'm not sure what influences have created in me a preference for a certain weight. Maybe I would not even approve of all those influences. But I know what weight feels right and it is at the lower end of Weight Watchers' range for 5'6", 124-155. If I find I can do it without making myself nuts, I'm going to. If time shows me that I need to weigh more, I will. -Marsha
2951 days ago



CD13629552

The classic baby-making womanly figure! THAT is reproductive ability, and the ancients knew it, too. They made sculptures and paintings depicting a woman's weight from her hips down to her knees.

I don't have this figure (I almost wish I did) - I have to be thin enough for my ribs to show to have waist-hip definition. And my thighs are just blocks, not luscious curves. But I don't mind admitting that nature intended the majority of women to have rounded lower bodies.

From my anatomy and physiology studies, though, I know that genes and sex hormones make an infinite variety of possibilities, so that many inherited traits are available on a sliding scale. And then our lifestyles and health vary them even further!

2952 days ago



JAHINTZY

holy crap! my measurements almost match the venus de milo?! woah weird...
2952 days ago



COCK-ROBIN

Interesting!
2952 days ago



SUZYMOBILE

Fascinating!
2952 days ago



CD13227574

Don't we all feel better now! My shape is perfect, for a past and present era. It just needs a bit

of trimming here and there. 🕒
2952 days ago



KELLIEBEAN

Interesting article. It's always interesting to see the changes in the ideal woman through time.

I am happy with my pear shape!
2952 days ago



MISCHAKEO

How funny that you could find the actual measurements. I see young girls in their teens and twenties getting implants.

Did you know that men can get abdominal implants to have the perfect muscled stomach?

Great article.
2952 days ago



CELIAMINER

Pear shape for me! Interesting look at art and attitudes. I had always bought that "Rubenesque" theory, so the article was an eye-opener.
2952 days ago



CD10259955

Sitting here Sparking and watching the news...just saw a clip that said "more over BMI", not as accurate as a waist size to height. If your waist is more than 1/2 your height, you are in big trouble!

So your example above -- 31.5 (x2 = 63) and 64" height, she is considered "safe" but bordering on

the problem zone. 😂

As for me, I am going to try and grow a few inches today - Miracle-Gro works on my plants, so



perhaps a quick shower????
2952 days ago



NANNABLACK



2952 days ago



ONEKIDSMOM



Here's to loving the bodies we've been dealt, whatever their shape, and loving them at

whatever their current size. They *do* so much for us!



2952 days ago



CD5788525



2952 days ago

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