



# BROOKLYN\_BORN

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## When “something going around” finally gets around to you

Wednesday, March 06, 2013

How ironic to be given SP “consistency awards” on the very day I became INconsistent.

All winter as so many around me were dropping from the flu or some respiratory problem, I marched ahead hardly missing a beat as I dodged those with hacking coughs and washed my hands frequently.

I ate right, drank plenty of liquids, took my vitamins and followed my workout schedule precisely. My trackers were right on the money and I was pretty proud of myself. Motivation level – high! The germs got me anyway.

A little over a week ago DH started coughing.  
On Thursday, I ran 5 miles at a decent pace, but my lungs felt “funny”  
By Friday night I was using my inhaler and Saturday morning, both DH & I went to the doctor.

After 24 hours of antibiotics we were both on the mend, but really tired. We watched a lot of old movies and slept a lot.  
Fighting that infection took more energy than running, but also gave me a lot of time to think.

We are very fortunate.  
Our doctor is in a group practice that had office hours on Saturday.  
We were able to be seen  
We have insurance.  
We did not have to take care of children  
We did not have to go to work.

Thinking back to when we DID work and had children:  
We never had to consider forgoing medical care because we couldn’t afford it  
We never had a job without sick leave  
We never lost pay when unable to work  
We never had to show up for work sick and risk infecting others.

While I was sick, I thought about what it would be like to feel as terrible as I did and not be one of the fortunate ones. I don’t have all the answers, but I do know that as one of the fortunate ones, I will not adopt the mindset that “I’ve got mine, the heck with everybody else.”

Thank you for the get well wishes.

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**DIXIE-LUSH**

sorry you've been ill, glad yo are counting your blessings. i am finally earning paid time off at my job after 2 and a half years as a temp-the only time i take off sick is when my kid is too sick too go to school. other than that, i just go no matter how bad i feel. i figure i need to keep the time available for when my kid is sick and i have no other choice.  
3019 days ago



**SLENDERELLA61**

Very generous, caring and aware blog. You are so right. Hope by now you are feeling strong and healthy. Take care.  
3021 days ago



**DR1939**

Glad you're back and yes, those of us who have good fortune should be concerned about those who do not. I have argued for years for 2 things and they are coming true: universal health care and women's full participation in the armed services (I don't want anyone to have to serve but if my country needs protecting I want to be able to protect it).



3021 days ago



**WATERMELLEN**

Hope you're all better soon, both of you: what a lovely healing attitude you have!

(I've succumbed to flu again, despite flu shot, healthy eating, exercise . . . and have been home recuperating. We self-employed don't get sick pay . . . but if I needed health care, it's taxpayer funded here!).  
3022 days ago



**CELIAMINER**

What a beautiful, generous blog! I'm really glad you and your DH are getting better but sorry you had to endure the sickness.

Your blog reminded me of a young security guard in my building several years ago. We were on the elevator, and it was painfully obvious she was way past not feeling well and likely had the flu (clearly exhausted, cheeks flushed from fever, bad cough). I felt sorry for her, thinking she probably had just started this job, needed it badly, and had no sick leave built up. We are indeed fortunate.  
3022 days ago



**DONNA5281**



3022 days ago



**WILSONWR**

Yes, most of us are fortunate not to have to worry, but I do see the other side every day. Glad you're feeling better!  
3022 days ago



**SUZYMOBILE**

After reading a featured blog by a guy whose life work is about to evaporate in a mine shutdown, I hear you! We count our blessings every day.  
3022 days ago



**COCK-ROBIN**



3022 days ago



**ANNIEONLI**

Ugh!!! I know the feeling of dodging the bullet (knock on wood) - or thinking you have - or just waiting for the proverbial shoe to drop - in cold and flu season... I hope you are feeling a little better now and that all that hard work avoiding it up until now has not been for naught.. usually bouncing back is easier when you start out healthier, so that is a plus!!!!





Here...a mullet makes everything better.



3022 days ago



**GINIEMIE**



Praying for yours and DH's returned health. We are so blessed. When we were younger we had some years w/o and it sharpened our appreciation for having insurance & money for doctors. We do need to be concerned that others are cared for, ultimately peoples inability to pay for health care/doctors or care providers costs all of us.

I learned that during my teaching career: all the students who came to school sick because their parents couldn't miss work and so that they would get at least one hot meal that day.



3022 days ago



**TORTOISE110**



Being really sick is an "excused absence" from consistency! You are still Consistent in my book, virus be damned.

And I so appreciate your attitude of gratitude for your good fortune. I am sure you and your family have worked hard as well, but as we know, there are no guarantees and some of the very best people have rotten circumstances comes their way.

Thanks for this post!

3022 days ago



**MISCHAKEO**



I hope you both are feeling better and am sorry you were so sick. I feel blessed by my having health insurance and sick days! I am grateful for my good health.

We made it so far with no flu, but kids at school are still getting it. More often, they are staying home alone as their parents cannot take the day off from work.



3022 days ago



**NELLJONES**



Nothing like counting your blessings, and you are blessed!  
3022 days ago



**CD10259955**



The Lord works in strange ways; you get some forced "down time" and are able to find the blessings in it! Wouldn't it be wonderful is others didn't have these worries? Glad you are feeling better!!!

3022 days ago

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