I FARN





154,981



SPARKPEOPLE®

Info





Feed



Awards

More



I'm a list-maker. I've done this for decades.

Thursday, July 25, 2013

I have 2 plain spiral notebooks.

One is for fitness. I record my workouts - activity, time, mileage, the route and since joining the "Virtual Walk/Run Challenge" team, even my location as I trek across the USA with other Sparkers.

The 2nd notebook contains the rest of my life. I make a plan for the week and specifically for each day. Daily activities and tasks are written down and checked off with a sense of accomplishment. I confess that when I complete something that wasn't on the list, I've written it down just the joy of checking it off.

Large ongoing tasks/projects are broken down into smaller pieces. When planning for a trip, there's a special section of things to do, phone numbers, resources, prices etc.

Can you guess where this is going?

On Monday my "life" notebook disappeared. That's impossible! It's always on my kitchen table or by my computer. It's too big (8.5" by 11") to have slipped between the couch cushions. I've looked everywhere. Well, obviously not "everywhere" since it's still missing.

This has had a disruptive effect on my week. I'm an organized, reliable person. In the past I've told people that if I'm not where I said I would be at a given time without notice, check with the police. Maybe I've been kidnapped.

My notebook keeps me on-track and now my mind is definitely OFF track.

I have a list for today on a scrap of paper. It begins with "find the notebook!" But as we know, it's always in the "last place you look."

Edit Blog Entry | Delete Blog Entry

Share This Post With Others

Report Inappropriate Blog

Add a Blog Entry

See Today's Featured Member Blog Posts

More Blogs by **BROOKLYN BORN**

Now I can add one more event to my "Anniversary Dates" to forget - 6/7/2021

Avoiding Our Wedding Anniversary -6/4/2021

Multitasking for Safety - Plus Remembrance and Reflection - 6/1/2021

Taps Across America – The National Moment of Remembrance - Monday 5/31/21 3PM - 5/30/2021

View All >

Member Comments About This Blog Post



WATERMELLEN

Oh my: how I hate losing things. Panic can set in even if the lost thing isn't my whole organization for my life. I'm hoping it's turned up . . . 2879 days ago

MERRYMARY42

If I made lists in a notebook, I would lose it first thing, I am the most unorganized person that I know, and always plan on doing better, but have yet to achieve that goal I am still so envious of your photos, mine are so very bad.













MARYJEANSL

I am the past master of losing things - all sorts of things. And they never turn up again. In fact, I have lost so many key rings (never to be seen again) that I now always have a spare set waiting. (Well, up until the last time my keys were lost. I now have one of those car keys with a microchip and it costs big bucks to replace, so I haven't gotten a spare. I will be in reeeeeeeal trouble if my current key ring disappears.) I lose glasses, cell phones, pens... Anyway, part of my problem is that I am very disorganized. You are the polar opposite, so I have great confidence that your notebook will turn up soon.

Best of luck in finding it! 2880 days ago



STAY39

Oh man that really stinks! I am the same way! I hope you find it ASAP! Let us know when you





2880 days ago



HAYBURNER1969

٧

As Eddie says, "It's wherever you left it." It will turn up, I am sure. 2880 days ago



BELLACUDDLES

I love my post it notes...and I journal daily on my Iphone and also in a daily journal. It's a great way to make memories and to also look up something that was important (years ago).



BOOKAPHILE



I'm also a list maker who will add something to the list just for the pleasure of crossing it off. I hope you find your notebook soon! 2880 days ago





MISCHAKEO



Hope you find your notebook soon! It seems like one is either looking for cell phones or glasses as time goes by.

It is helpful to write down daily lists and keeps you positive about what you have done!

2880 days ago



MYSTERYROSE74

I hope you find your notebook soon! That sort of things drives me crazy. Retrace your steps, check in random spots. You never know. I'm a list maker also, but I usually keep my lists on the computer sticky notes.







CD14034154

Brooklyn,



Just by reading your other blogs, I knew that you had everything together, but today, I was able to read, to what extent you have everything together. It's such a blessing and a real rush, when you get to cross something off of your TO DO LIST!!! I don't keep a detailed written list, but the items are on my calendar. I pray that you find your notebook, as I can only imagine how you feel not having it. I gasped, when I read that it was gone, and actually shouted out loud, "Oh no!!!"

Father God, in the name of Jesus Christ, show Brooklyn where her rest of the life notebook is. AMEN!!!

Be blessed,

- Nancy Jean -2881 days ago



LINDA

That is so awesome to be so well organized! No wonder you are a success at what ever you set out to do! ONEKIDSMOM hit the nail on the head -as soon as you buy a new one and start it, the old one will show up :P Murphy's Law! Good luck in the hunt!

2881 days ago



WILSONWR

I thought I was organized, but you've got me beat! Good luck finding your notebook! 2881 days ago





BOILHAM

DW is a list maker, too. I fail to understand you people. Maybe it's a 'girl' thing? Good luck finding your book.

2881 days ago





TIME-4-TINA

My mother swears by the St. Anthony theory. (I guess I shouldn't say swear and Saint in the same sentence) oh well. I guess your gonna have to start another one in the mean time. Do you have a back up book?? I feel your pain. I am the queen of notes and lists. I leave them everywhere. Hence, I am the only one in the house who never forgets anything!! I think that's part of the reason I love spark. You get to record all your food, exercise and thoughts. It's become priceless to me.

Ok!!! Enough of this nonsense! Who took it?? Give her back her book, it's not funny anymore!! (there. that should do it)
2881 days ago



DR1939

It should turn up soon. 2881 days ago

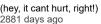




LEWILL1982

St Anthony, St Anthony, please look around, something is lost that must be found!

٧





SLIMMERJESSE

Just get a new notebook and start again. Maybe this is for a reason? 2881 days ago





LINDAKAY228

Hope it turns up soon! I am not as much of a list maker, but I do like to track things, especially on spreadsheets on my computer. Besides the Virtual Walk/Run Challenge I am on some other virtual walks or mountain climbs, using my fitbit, on the fitbit website. I have spreadsheets set up for each one of them with how far I've come total, my daily mileage, how far I have left to go, where I am at on a map if I can find it, etc. I'm in Montana now, about halfway through on the Virtual Walk/Run Challenge so after I finish it just one more state to go. This is my second time through. You'll survive this notebook loss. I know you will. And it will turn up somewhere you least expect.

2881 days ago





DESERTJULZ

Here's to the magical notebook fairy returning your notebook ASAP! 2881 days ago



CD13834395

You know, the notebook will turn up when and where you least expect it and when you no longer need it. Have you thought of keeping all this on a PC or electronic pad with "cloud" backup. That's what I finally end up doing and even if it's lost, I can lay my hands on at least most of it. Until we have too many sunspots or "the pulse" that destroys everything electronic ... okay. Nothing's certain in this world!!

Seriously, hope you find it soon! 2881 days ago



KELLIEBEAN

I agree with onekidsmom, go buy a new one and you'll find it as soon as you come home!

V

My husband is a list maker. I understand what you are going through. I hope it turns up soon!

2881 days ago

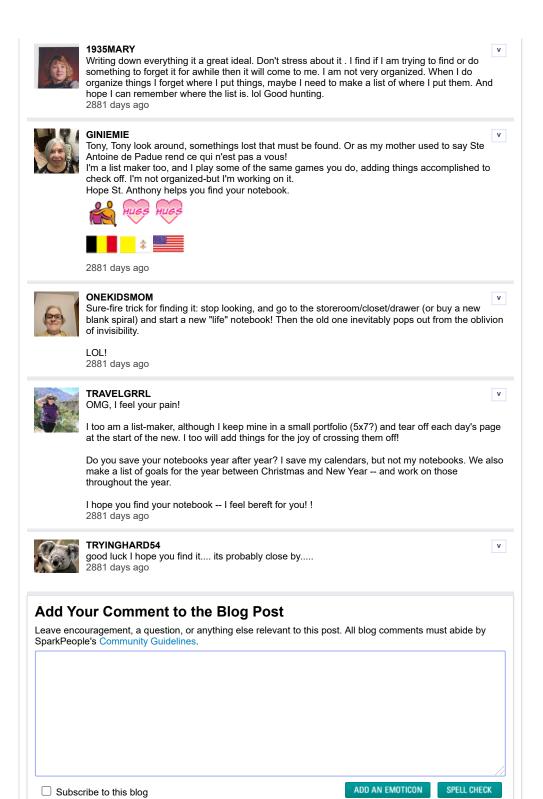


GRAYLADY13

In my belief system when something is "lost" the pixies took it. Leave a small dish of milk or fruit or toast outside the door you most often enter. Saying as you do this gift is for the pixies who borrowed my notebook, may I have it back? Then go about your day. Things usually show back



up. Best of luck. 2881 days ago



Disclaimer: Weight loss results will vary from person to person. No individual result should be seen as a typical result of following the SparkPeople program.

Post Comment