

and were followed in the pot by these.



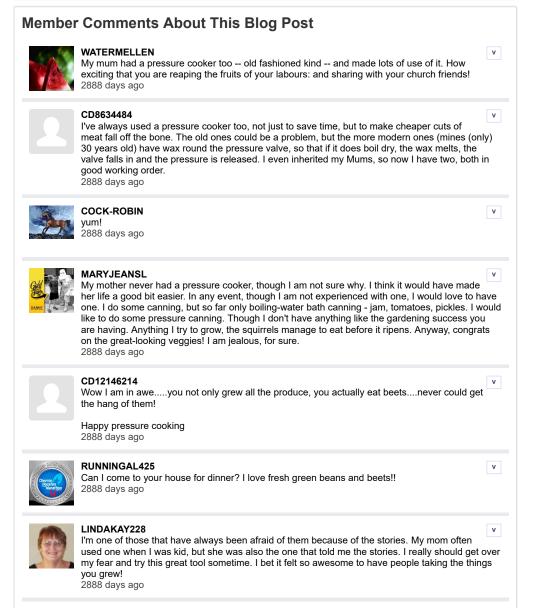
I wore plastic gloves to clean the beets since I remember how fingers can get stained.

I'm really enjoying this and thank you to all sparkers who have given me suggestions.

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SHESMITH1 I love my pressure cooker, even after surviving a pot of exploding pinto beans a few years ago. Thankfully, no one was in the kitchen at the time - only the ceiling wears the scars. I did learn from that event, though, and now never leave my pressure cooker unattended! Envious of your bounty! 2888 days ago	om
CD8467616 I weigh in on the "scary" side. My mom never used one and I am definitely not to be trusted with one, since I have a bad track record re burning pots. However, I applaud your efforts re city/country. Quite the challenge! 2888 days ago	v
CD14034154 Yes, I grew with a pressure cooker in my home, too. My mom used it almost every night. I loved the way the food tasted, when she served it, and it was always piping hot!!! I've never heard of any horror stories, concerning pressure cookers. I think it's great the way you're sharing your bounty and finding other ways to cook everything!!! Be blessed, - Nancy Jean - 2889 days ago	V
DR1939 My secretary was from India. According to her a pressure cooker was standard in every home. I've always been afraid of themso many scary stories. 2889 days ago	v
SLIMMERJESSE Me and a pressure cooker - not a great idea. (smiling) 2889 days ago	v
SUZYMOBILE Can't help it, but I'm scared of pressure cookers to this day! That rattling, hissing meter on top! That steam! You could put your eye out with that thing! 2889 days ago	v
_LINDA My sister discovered the pressure cooker a while back and now even has two to help her get food on the table quickly as she works long hours as a school janitor as well as doing chores on the farm. I so envy people able to grow their own veggies! Those look so delicious!!! Enjoy! 2889 days ago	V
WILSONWR You really have done well in your garden! I like using the pressure cooker to can those extra tomatoes each year. 2889 days ago	v
CD14029645 Sounds like an exciting day. Loved the pressure cooking pictures. I've never used one. 2889 days ago	v
ONEKIDSMOM I remember mom using the pressure cooker in the canning process fuzzily. Well done, by the way! 2889 days ago	v
NANNABLACK COPATI 2889 days ago	v
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Å	GLUECIPHER	
([©]	AWESOME	
	2889 days ago	
	RIDLEYRIDER	
	A valuable kitchen tool, yesI had forgotten!	
	GRAMPIAN v	
	Must dig out mine! Thanks for this.	
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Disclaimer: Weight loss results will vary from person to person. No individual result should be seen as a typical result of following the SparkPeople program.		