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All living things can thrive given the right environment

Tuesday, January 08, 2013

Even in winter I still want to have fresh herbs. Here's my happy little basil plants. There's oregano and parsley too on another shelf. After much trial and error and experimentation, I finally found the right location as well as amount and frequency of water needed.



There's a parallel here for me as well. After much trial and error I've settled into an eating plan that works for me. I love the SP environment and, as I've been writing lately, I've discovered a location where I can enjoy distance running again.

My plants naturally bend toward the sun. Similarly, it's up to me to take maximum advantage of my environment.

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MERRYMARY42

way to go, I have never been able to keep basil alive, me thinks I over water it
3078 days ago



SWEDE_SU

what a great idea!
3079 days ago





CD13136117

Would love to have fresh herbs available anytime - and I'll put that on my to-do list for this year. Way to find your own balance too - and thanks for being an inspiration!
3079 days ago



WILSONWR

That's great.

I had some jalapeno and habenero plants (and some basil) that were still around after the rest of the garden was gone. After ignoring them all winter (and after 3 freezes), they are still producing!!! Who would have thought??!!
3079 days ago



CAKEMAKERMOM

I love my indoor herbs too! 6 different ones grow in mine, given natural sunlight and a little extra help from a lamp.

I'm glad you found what works for you!
3079 days ago



JASI27

That is awesome! I have thought endlessly about a way to make an indoor garden for the winter and haven't come up with a plan that would work well. This looks great and has to be so rewarding!! Just awesome.
3079 days ago



COCK-ROBIN

Good for you!
3079 days ago



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