



BROOKLYN_BORN

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Life is a Mystery to be Lived not a Problem to be Solved

Friday, February 01, 2013

That's what's written on my coffee cup this morning. It was given to me 35 years ago by a friend who followed that philosophy.



I usually don't use this cup anymore. It just sits in the cupboard. It's just too small. Somehow over the decades the amount of coffee I drink in the morning has increased dramatically. If I used my little old cup, I'd have to get a lot of refills.

I need a refill this morning. Not caffeine, although it is helping. I need a refill of hope.

The problems seem more difficult than they used to be when the cup was new, not personally for me, but for society in general. I don't feel the problems are larger or more complex than they used to be, but those tasked with solving them are so polarized. Sadly, some seem determined to polarize the rest of us.

On Thanksgiving Day my blog entry was "There's room for all of us at this Thanksgiving Table."

www.sparkpeople.com/mypublic_journal_individual.asp?blog_id=5143219

I hope that's true and that we don't solve problems by just taking away some chairs and leaving others to fend for themselves. The caffeine is helping, but I can't think about this anymore today. Like Scarlett O'Hara, "I'll think about that tomorrow." Or maybe next week.

For today I'm going to think about both sides of my cup.

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You see, when my friend gave it to me, we had 6 little girls between us, all under age 8. It will help me remember, recharge and refill my cup of hope.

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COCK-ROBIN

Wonderful!

3054 days ago



COCK-ROBIN

Wonderful!

3054 days ago



DR1939

I like your attitude and believe there are lots more people out there with a similar attitude. However, they tend to be people who do rather than tell others what to do, thus they don't get as

much "air time."

3054 days ago



CD13252816

I really like the philosophy. It's good to know for everyone. That mug is so cute and a great piece to remember with. Thanks.



3054 days ago



DEBBY4576

In order not to be immobilized by sorrow over the countries problems, I turn off the TV now. And go watch the birds outside. Sure, I know the problems are there but I like the serenity prayer that tells me to Change what I can, accept what I cannot change, and may I have wisdom to know the difference between the two.

3054 days ago



CD8467616

A thinking person can't avoid the realities of the world. Each of us has to find a comfort zone where the realities don't immobilize us. Some people fight, some put blinders on, and some find a middle ground that makes life liveable. Fortunately, children and grand-children exist to keep us focused and hopefully happy.

3055 days ago





WILSONWR

I couldn't agree more. I don't know what happened to "doing what was best for the people" instead of doing whatever furthered your particular party or interest more. It is very frustrating!
3055 days ago



CD5500762



3055 days ago



OHSNAPITZKAT

Really needed this!
3055 days ago



BOILHAM

The line dividing the oppressed and the fortunate is getting blurry to me. Who is oppressing whom?

Both sides need each other. I'm not sure government enforced harmonization is the answer. On the other hand, we're not doing so well individually either.

I'm going for a cup of coffee now.
3055 days ago



CD8113065

The clarity and insight of your blogs sometimes simply stuns me.

If people like yourself were tasked with solving today's issues, I would feel more hopeful myself. As it is, I too follow Scarlett's example and try not to think about it today.

I hope you never tire of blogging.
3055 days ago



MISCHAKEO

Life does seem complicated and polarized. I like to work with young kids as they are so innocent and give me hope.

Thank goodness for coffee.
3055 days ago



NELLJONES

I don't know if the world is more complicated now than it was back then, we just are more aware of all of it.
3055 days ago



SUZYMOBILE

Is that every true! Every day we learn more about what life is about.

And don't tell me they've upsized coffee, too??!!
3055 days ago



RIDLEYRIDER

That saying reminds me wake up each morning and say, What good choices will I make today to benefit me, not what problems will I encounter today to stand in my way(?). Thanks for sharing.
3055 days ago

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