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Necessity – the mother of invention

Wednesday, April 17, 2013

Here is my invention – my answer to a personal need with no commercial solution.



Background:

I have horrible allergies to most of nature. That includes grass, flowers, flowering trees and all weeds, including dandelions. That means that while people are outside celebrating the end of winter and admiring the beauty of springtime, I'm dealing with a blocked or runny nose, red watery eyes, and scratchy throat. If it gets bad enough, my asthma kicks in and I'll start wheezing.

I can control the symptoms with meds (generic chlortrimeton and benedryl), except when I'm running. Since I can't breathe through my nose, I get a very dry mouth and need to sip water at intervals.

Although I have a "fuel belt" if I'll be out a very long time, for short runs and in races I find them to be very heavy and uncomfortable.

Recently I came up with my own solution. With a stretchy piece of material left over from some sewing project, I fashioned my own belt which holds two tiny water bottles. It's very lightweight and I can tie it as securely as I want. It even provides a bit of core support. I added the white wool edging so I could find the opening easily even without looking down for it. The bottles are snug on each side of my body horizontally.

I tried it out in the 5K last Saturday and it worked great. When my mouth got dry I didn't need an aid station, I had my own water and I didn't have to haul around a large bottle with the annoying sloshing as I ran.

Oh yeah, my total cost was the \$2 for the bottles I bought at the drugstore. Thrifty me!

Note: The bottles are peeking out only for the photo. I keep them tucked all the way into the belt until needed. For now I secure the tie with a safety pin. I'll add Velcro later on and remove the basting stitches

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too. Fashion isn't my main goal here.

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DOVESEYES
Genius idea great work
2979 days ago



SUNSET09
It all starts with a need and some have turned that need into millions! P.S. Yo umay want to patent this idea before someone takes and run with it!
2980 days ago



AUSFAM
Great idea! I need to fashion something like this--I have similar issues! I really like that it fits so closely to your body and you can tie it as tight as you want to. I, too, haven't found a fuel belt that isn't clunky when I'm out for long distances. Thanks for the inspiration! :)
2980 days ago



DR1939
Great idea.
2980 days ago



COCK-ROBIN
Wonderful!
2980 days ago



WILSONWR
I like it! I've always tried to make things better. When I broke my leg several years ago, I modified my crutches to include a canvas bag for carrying things and a cup holder that would snug up my lidded coffe cup and keep it from falling. Sometimes our own "inventiveness" is better than things you pay high dollar for!
2980 days ago



CELIAMINER
Yep, what Slenderella said. Necessity may be the mother of invention, but if invention becomes the mother of necessity, you could get rich!
2980 days ago



MISCHAKEO
Great invention! Now you can enjoy your running and stay hydrated.



2980 days ago



CHANGINGHORSES
Great idea! I really like it, I have a bottle belt for water and I just have not found a satisfactory way to use it yet. I don't like the lop-sided feeling and the jumping up and down that go with the belt. Your idea looks a lot more snug and runner friendly.
2980 days ago



JOYNEW
Genius!
I have those lovely allergies too. Dry mouth and running nose. Ain't it fun?!?!
2980 days ago



MJREIMERS



idea! I agree with Slenderella61! Make a few and see what happens. You may have a





way to supplement your income as you help other runners!! How ingenious!
2980 days ago



SLENDERELLA61

Ingenuous! Okay, now. You need a web site and you'd be in business. Or go to a pre-race expo. Bet you'd clean up! Way to solve a problem. Add a key pocket on the tie. I deal with some allergies, too. Won't stop us!!
2980 days ago



CLUMBOY

great idea!
2980 days ago



CD13545024

very creative!
2980 days ago



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