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A time to unite - I'll wear a special shirt today

Tuesday, April 16, 2013

At first I had no words this morning. There would be no daily blog post. Then I read this.

"There's a movement happening for runners to unite and wear a race shirt tomorrow to honor and remember those lost today. Let's do it. For those without a race shirt or if you have to dress up for work, wear the Boston Marathon colors of blue and yellow. Spread the word."

Other posts on runners' forums suggest doing this all week in a display of unity.

Of course checking links to the Red Cross will list specific ways to help the victims of this tragedy, but symbols are important too.

So right now I will dig out the shirt from the 1996 Boston Marathon (The 100th Running) and my daughter's first. I was just a cheering spectator, but she gave me her shirt. It will help me remember a happier time at the finish line when a record 44,000 runners celebrated this iconic event.

If I can't find the shirt, I'll wear any race shirt. I want to feel positive and hopeful this morning.

As horrible as the news is, I was also distressed by the comments to the articles in the general press which immediately dissolved into a blame game of political division and conspiracy theory. I know a few cowards hiding behind keyboards do not define America anymore than a few extremists, terrorists or garden variety nutcases define any larger group of which they may be a member. Still, their words are depressing.

So, I will stop reading their words, put on my shirt and go for a run. Stay safe everyone.

Edit:

But first I'll print out a special bib. www.facebook.com/#!/even ts/318199378309189/

And add this thought:

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WATERMELLEN

So well expressed, so heart felt. 2980 days ago





SUZYMOBILE

Your "I am a runner" says it perfectly.

Digging around in my drawer for the yellow and blue, but meanwhile I'll wear it as my profile pic. 2981 days ago



WILSONWR

Now is a time to join together and show unity of support - not a time for political division. Thanks for showing us a way that we can show our support. I'll wear my running shirt today. 2981 days ago



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CD13482248

Well said.









GINIEMIE

I'll wear blue and yellow. The only sports shirt I have is a soccer shirt and it's Belgium's colors.







2981 days ago



AUSFAM

I 'ditto' everything you said here! Make today a remembrance for all of those who weren't able to finish, will never run again, and have lost someone special to them. 2981 days ago





DEBBY4576

It isn't much, but you have found something we can do. I agree with your decision to stop reading when the posts got stupid and speculative and political. 2981 days ago



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COCK-ROBIN



2981 days ago



NUMD97

Thank you for posting this blog. I, too, saw the unseemly comments on one news site. It is stupefying to me that some will use this as an "opportunity" to push forth their own political agenda. Either side, it doesn't matter. It makes a tragedy even more tragic.

Your poster image is incredibly moving. I hope you don't mind, I'm going to "borrow" it and pass its message along.

My prayers join yours, even though I am not a runner, and hope that someday soon we see an end to these frequent, horrifying events.

2981 days ago



CELIAMINER

I didn't see the notice until I was already at work and thought I wouldn't be able to participate. Then my eyes settled on my April Fools 5K T-shirt hanging in my office. I didn't get to participate because the date was changed, and I had a conflict (darn, work gets in the way). Now I have a good reason to wear it.

Blessings and prayers for all the victims.



2981 days ago



ANNIEONLI

Funny you posted this....I am wearing my 5k running shirt right now to get right on the road after the kids hit the bus... don't know what compelled me to get out there today, in this particular shirt...but I am glad my instinct was correct and true and part of a greater whole.

2981 days ago



MISCHAKEO

I am wearing yellow and blue today to work. It is beyond words.



I love the shirt idea. 2981 days ago



JOYNEW

I love the t-shirt idea! 2981 days ago



NANNABLACK



2981 days ago



CD13167855

Before my doctor told me no to high impact exercise, I want to run the Boston marathon since I live less than an hour away by bus. Now, I have to find a marathon that I can walk. I might do the New York one. My friends teased that I was lucky that I didn't train to do the Boston marathon.

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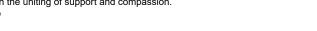
I was in Boston yesterday afternoon. It was confusing. I don't have a smart phone so I didn't hear any news about it. I saw police at the subway entrances. The trains stopped for awhile. Many stores and eateries closed early. It was creepy and sad. I arrived in Boston at four p.m. after the explosion fortunately. Everyone was quiet and organized. 2981 days ago



RIDLEYRIDER

Let us all join in the uniting of support and compassion.

2981 days ago





SOPHIEDO13

Good for you!! And enjoy wearing the colors of Boston with pride and Unity, and good reminder for people who have some extra cash this month the Red Cross is a good donation. 2981 days ago

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